

FHPS NEWSLETTER

Issue 8, Term 2, Week 1

Friday 19th April, 2024

UPCOMING EVENTS

Tue 23rd Apr	Year 5 & 6 Body Education Parent Webex Session - 6pm	Mon 20th May	Year 5 Body Education Year 1 Craft Power Incursion
Wed 24th Apr	ANZAC Day Assembly	Tue 28th May	Student Free Day
Thu 25th Apr	ANZAC Day Public Holiday	Wed 29th May	Division Cross Country
Sat 27th Apr	Bunnings BBQ	Wed 5th Jun	School Photos
Wed 1st May	District Field Athletics	Mon 10th Jun	King's Birthday Public Holiday
Thu 2nd May	Year 6 Body Education	Tue 11th Jun - Fri 14th Jun	Bookfair Preview
Mon 6th May	Year 5 Body Education	Wed 12th Jun	Lighting Premiership
Thu 9th May	Mother's Day Stall Year 6 Body Education	Tue 18th Jun - Fri 21st Jun	Bookfair Sales and Open Night
Mon 13th May - Fri 17th May	Prep and Year 1 Swimming Lessons	Fri 21st Jun	Year 2 Proactivity Incursion
Mon 13th May	Year 5 Body Education	Tue 25th Jun - Wed 26th Jun	Three Way Conferences
Tue 14th May	Year 3 Animal Exposure Incursion	Fri 28th Jun	Last Day of Term 2 (2:30pm finish)
Thu 16th May	Year 6 Body Education		
Fri 17th May	District Cross Country		
Mon 20th May - Fri 24th May	Year 2 Swimming Lessons		

UPCOMING STUDENT FREE DAYS

- Tuesday 28th May
- Monday 26th August

PRINCIPAL'S MESSAGE

WELCOME BACK

It was great to see so many smiling faces walking through the door on Monday, we were all really excited to welcome our students back after a restful and relaxing Easter break. There's plenty happening in Term 2, with a portion of time dedicated to assessment and reporting, in preparation for Semester 1 reports.

NEW STAFF

We have some new faces joining the Frankston Heights team this term. I'd like to warmly welcome Miss Lucas who will replace Miss Fuller in Prep C. Miss Fuller is taking extended leave until the beginning of next year. Mrs Sersich will teach in 4A on Wednesdays, while Ms Shiavello will continue supporting classrooms across the school. We also have Ms Coffey joining 5B on Fridays to help support Ms Bowly with her Learning Specialist duties.

CROSS COUNTRY

Congratulations to everyone who participated in cross country today, it was clear that you all gave 100%! An extra congratulations to those students who have qualified for Regional Athletics. A huge thank you to Miss Sutcliffe, our amazing teachers and our parent volunteers that helped facilitate the day.

ENROLMENTS

We have started accepting enrolments for 2025. Please ensure your enrolment form is completed if you have a prep child starting school in 2025 as we have opened up our enrolments for new families wishing to be a part of our amazing school community. If you know of any friends who are still to contact our school, please encourage them to do so asap as we will soon be confirming enrolments into Prep 2025, other than our sibling families.

Have a wonderful weekend.

Ricky Joyce

Principal



FHPS BUNNINGS BBQ

HELP NEEDED!

- WHAT** • FHPS Bunnings Barbecue
- WHEN** • Saturday April 27
- WHERE** • Frankston Bunnings
- WHO** • FHPS School Community volunteers to assist with the BBQ

Last year we raised almost \$2 000 for our school.
If you are able to donate a couple of hours of your time, please click on the link below to add your name to the roster.

[FHPS Bunnings BBQ Roster](#)

Friends Of Heights News

Thank you to all FHPS families who contributed to our Term 1 fundraising events; the School Fun Run and Easter raffle. Your support is greatly appreciated. Much needed bike racks will take pride of place in the bike shed, creating a semblance of order amongst the current chaos.

Friends of Heights traditional Mother's and Special Person's Day stall will be held on Thursday May 9. Set up commences at 8:30am and will wrap up at approximately 1:30pm. If you are able to assist with either the stall set up or selling of items, please click on the link below and add your name to the roster.

[Mother's and Special Person's Day stall roster](#)

FRIENDS OF HEIGHTS TERM 2 MEETING

Friday April 26 at 9am in the Staffroom

All FHPS parents and friends are invited to attend. New faces are most welcome.

Friends of Heights (FOH) is a great opportunity to meet other parents, share ideas and become involved in school life.

Items for discussion include: Mother's and Special Person's Day stall, School Fair, Trivia Night and Book Week disco.



FHPS Mother's & Special Person's Day Stall

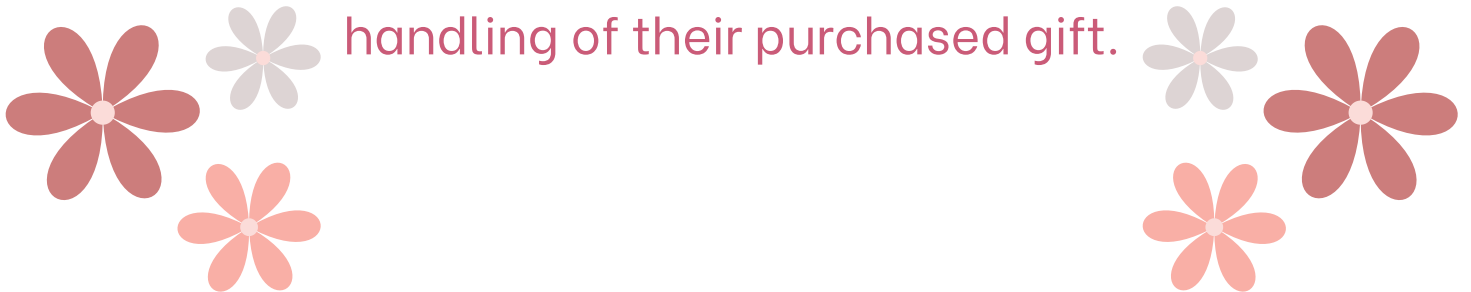
Friends of Heights will be holding the traditional 'Heights Mother's and Special Person's Day Stall' on Thursday May 9th.

A great range of gifts will be available for students to select from for their Mum, Grandma or Special Person.

Gifts Range in price from \$1 to \$10

Tickets for the Mother's & Special Person's Day gift hamper will be on sale for \$1 each.

Students are advised to bring their money in a purse/wallet and a bag for the storage and handling of their purchased gift.





ICAS returns in Term 3.



2024 Year 2-6 International Competitions and Assessments for Schools (ICAS)

Dear Parents/Guardians,

Every year FHPS provides students in Years 2-6 with the option of participating in the world-renowned International Competitions and Assessments for Schools (ICAS) in English, Mathematics and Science. ICAS is an online academic competition that is designed to assess students' higher order thinking and problem-solving skills

Students who participate are celebrated and recognised with a printed certificate in each subject area, and an online results report to track development. Top performers are eligible for one of the highly coveted ICAS medals.

The 2024 online ICAS assessments will be held at Frankston Heights Primary School on:

Assessment	Date	Cost
English	Monday August 12	\$19.95 (Inc. GST)
Science	Monday August 19	\$19.95 (Inc. GST)
Mathematics	Tuesday August 27	\$19.95 (Inc. GST)

The school encourages you to consider entering your child into ICAS this year. The assessments are suitable for students in Years 2-6 wishing to extend and challenge themselves academically.

HOW TO REGISTER & MAKE AN ONLINE PAYMENT

- Go to the Parent Portal: <https://shop.icasassessments.com/pages/pps>
- Enter our school's unique access code: **GXF105**
- Enter student details and click **SAVE STUDENT**
- Select the ICAS test(s) you wish to purchase
- Select proceed
- Add to cart
- Go to the checkout
- Make payment (you will receive an order confirmation email, keep this for your records)

IMPORTANT: Please enter your child's name accurately into the system. The details you enter are the details that will appear on your child's ICAS certificate.

Online payment closes **Monday 29th July 2024.**



2024 TERM 2 Y5&6 BODY EDUCATION WITH KELLY NASH

Sexuality education is an essential component of the Victorian Curriculum. Primary school age students are expected to participate in a comprehensive and age appropriate sexual health education program.

Frankston Heights Primary School has been fortunate to engage the expertise of Kelly Nash to deliver 'Body Education' to our Year 5 and 6 students this term. Kelly is a highly skilled, sought after Body Education educator. She creates a relaxed, inclusive and respectful learning environment to empower students with knowledge and understanding about their bodies.

A **Webex parent information session** will be held on **Tuesday April 23 at 6pm**. The content that will be covered in the Year 5 and 6 program will be outlined and there will be opportunities for parents to ask questions.

All Year 5 and 6 parents are encouraged to attend this session.

WEBEX MEETING DETAILS

Webex meeting details have been sent out on Sentral to all Year 5&6 families

BODY EDUCATION SESSION DETAILS

Year 5&6 course (3 x 50 minute sessions)

SESSION DATES

- Year 5: Monday May 6, 13 and 20

- Year 6: Thursday May 2, 9 and 16

Each student will participate in three sessions with their class.
The class teacher will be present for all sessions.

The program will focus on:

- common physical changes of puberty
- gender specific and social/emotional changes of puberty
- reproduction, pregnancy and birth

Michelle Smith
Assistant Principal



sports for better minds

Frankston Heights Primary School



sports X



TERM

2

SCHOOL

programs



In Term 2 2024,

Sports X will be running the following **after school sports program** at Frankston Heights PS:

Soccer X -- Every Monday | 3.45 - 4.45pm | 8 weeks | \$141 (starting **Week 3, April 29th**)

contact 0488756751 for a free trial

The programs are available to students from Prep - Year 6.

On arrival children will be split into groups according to age.

All sessions will be run by qualified coaches who hold blue cards.

The sessions will be fully inclusive & fun-based, catering for all abilities.

REGISTER HERE



For more information and online registrations please visit www.sports-x.com.au Please contact us via email for further enquiries: semel@sports-x.com.au

Goodstart Early Learning Frankston - Flinders Road.



We invite you to 

tour our centre

Spots are filling quickly!

- ✓ Passionate and qualified staff
- ✓ Stimulating learning environment
- ✓ Play-based learning approach

**Please call us on 0397700333 or
send us an email on
lad@goodstart.org.au**






**VETERANS
& their Families
EXPO**
18 MAY 2024
FRANKSTON RSL
11AM-3PM

 Learn about the support services available for Veterans and their Families. Enjoy an informative afternoon, pick up brochures, and chat with professionals and organisations operating in this space: see over for more information.

 Complimentary refreshments at 12 & 1PM as well as a coffee/tea/water station. The Frankston RSL offers a variety of Food and Beverage options for lunch: Bistro (bookings are essential), Café and Sports Bar (both free seating).

 Little ones will receive a show bag (first 150) with a kids activity pack, and an ice-cream voucher redeemable on the day. **PLUS**, free kids entertainment: face painting, roving magician and balloon artist, in addition to three playgrounds on site.


 **INFORMATION**  **TIME**  **WHERE**  **PARKING**

Wellbeing Coordinator
wellbeing@frankstonrsl.com.au
0492 820 743

11AM- 3PM

Simpson Room
183 Cranbourne Road, Frankston
(03) 8792 4400 Reception

500 space
onsite parking

 **BISTRO BOOKINGS**

Contact Reception or make an online booking at
www.frankstonrsl.com.au/dining/four-seasons-bistro

ALL VETERANS WELCOME
Veterans include those who serve or served in
Australian Defence Forces (ADF), National Service,
Reservists, Allied & Commonwealth forces,
and with or without overseas service.



FRANKSTON YCW JFC



REGISTER NOW \$100 & GET A FREE YCW WATER BOTTLE



PLAYER AWARDS
MAKE FRIENDS & DEVELOP SKILLS
ACTION PACKED 11 WEEK PROGRAM
SAFE & WELCOMING ENVIRONMENT
INCLUSIVE FOR EVERYONE AGED 5 - 12 YRS

SCAN ME

WHERE: JUBILEE PARK, FRANKSTON

WHEN: FRIDAY NIGHT 5:45 - 6:45 PM

STARTS: FRIDAY 3RD MAY 2024

RUNS 11 WEEKS & FINISHES FRIDAY 26TH JULY 2024



SEM Magic is honored to be an official provider of Basketball Australia's renowned introductory program, Aussie Hoops, the premier national program for children aged 5-10 years!

TERM 2 PROGRAMS

PROGRAM 1

- 🕒 Wednesday 4:15-5:00pm
- 👤👤 Age Group: 5-8 years (Mixed)

PROGRAM 2

- 🕒 Friday 4:15-5:00pm
- 👤 Age Group: 5-8 years (Girls Only)

PROGRAM 3

- 🕒 Fridays 5:00-5:45pm
- 👤👤 Age Group: 8-10 years (Mixed)

PROGRAM DETAILS

- 📍 Venue: Jubilee Park Stadium
- 📍 Address: 83R-85R Hillcrest Rd, Frankston 3199
- 📅 Term 2 Programs commencing this May
- 💰 Registration Fee: \$108.50
- 💰 New Player Participant Pack: \$42.99
(Includes a ball, personalized singlet, and sticker pack)

? REGISTRATION & ENQUIRIES

- 🌐 www.semmagic.club
- ✉ admin@semmagic.club
- ☎ 9783 0642





RIDE NATION
BIKE FOR LIFE



COME AND TRY

JOIN US THIS ANZAC DAY WEEKEND
FOR A FREE COME AND TRY SESSION
AT THE FRANKSTON SHARKS BMX CLUB!

ALL AGES WELCOME. ABILITY TO RIDE A PEDAL BIKE REQUIRED.

**SAT
APR 27**



2 SESSIONS TO CHOOSE FROM

9:00 AM - 10:00 AM
10:30 AM - 11:30 AM

FREE 4 WEEK TRIAL MEMBERSHIP

For ALL first time riders

WHAT TO BRING:

- WATER BOTTLE
- ENCLOSED SHOES
- LONG SLEEVE TOP
- FULL LENGTH PANTS
- BMX STYLE BIKE*
- FULL FACE HELMET*
- FULL FINGERED GLOVES*

*LIMITED FULL FACE HELMETS, BIKES & GLOVES
AVAILABLE TO BORROW ON THE DAY (ON A SHARED BASIS)

REGISTER NOW

ridenation.com.au/s/come-and-try

SCAN ME



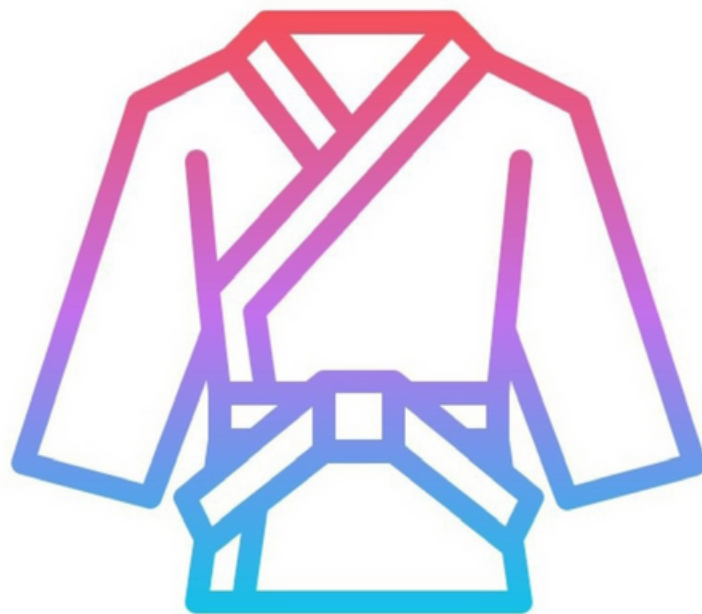
Frankston Sharks BMX Club
101 Old Wells Road, Seaford VIC

More information & enquiries
frankstonsharksbmx@gmail.com

TRY JUDO FOR FREE

ONE FREE TRIAL LESSON, NO OBLIGATIONS

OVERPORT JUDO



CLUB INC

MONDAY & WEDNESDAY

6:30PM TO 7:30PM

JUNIORS 7 TO 14 YEARS

7:30PM TO 8:30PM

SENIORS 15+ YEARS

CONTACT: OVERPORTJUDO@GMAIL.COM

Wellness Walks

with Hope

CONNECTION • HEALTH • WELLNESS • COMMUNITY

April 2021

MO TU WE TH FR SA SU

1	2	3	4	 Wellness Walk from Bonbeach Nutrition 10am - 12pm	5	6	7	
8	9	 Wellness Walk 4:30 - 6:30pm	10	11	 Frankston Youth Services Event 11am - 3pm	12	13	14
15	16	17	18	 Wellness Walk from Bonbeach Nutrition 10am - 12pm	19	20	21	
22	23	 Wellness Walk 4:30 - 6:30pm	24	25	 Wellness Walk from Bonbeach Nutrition 10am - 12pm	26	27	28
29	30							

Friday Wellness Walks from Bonbeach Nutrition

Meet the crew 10am. Walk begins at 10:30am - 12pm weekly.

Come join us for a walk, hydration and smoothie experience and connect with the amazing community.

★ Follow me on socials to join the walk and receive a 50% off discount on your first Bonbeach Nutrition experience!

Evening Wellness Walks at 5:15pm.

Starting from Frankston Pier car park @5:15pm

Walking our way down along the Bay, taking in the beauty that is Frankston foreshore and the scenic views from Oliver's Hill.

Wellness Coach



@happyhealthyyouwellsness

0439 337 386